



THE PENDULUM

JANUARY 31 - FEBRUARY 2, 2024



Are you ready for some football?

What's in the Box?

The Super Bowl Box

- Bone In Boston Butt
- Ground Brisket
- Chicken Wings
- House Smoked Cheddar
- Speedy's Honey Habanero Sauce

Chicken Wings

1. Preheat oven to 400 degrees. Set a wire rack inside a large rimmed bakings sheet.
2. Bake wings until cooked through and skin is crispy, about 30 minutes.
3. Toss wings in melted butter and Speedy's Sauce.

Speedy's Honey Habanero Sauce

A sweet and savory sauce with natural honey and peaches. A do it all hot sauce for those with a taste for sweetness. All of our sauces are made from fresh produce and locally grown peppers. One could say that Speedy's was created out of a necessity for flavor and burn. Speedy's has a complex and rich smokey flavor because that is what I was after. Sauce should enhance what you are eating, not overpower it. Try it for yourself and start living the dream.



Brisket Chili with Smoked Cheddar

INGREDIENTS:

1 lb. ground brisket
3 (15 oz.) cans diced tomatoes with green chiles
2 (15 oz.) cans beans, drained (black beans, kidney beans, or a combination)
1 small white onion, diced
2 Tbsp. chili powder
Pendulum Smoked cheddar cheese
Optional toppings: chopped green onions, sour cream, cilantro, etc.

DIRECTIONS:

In a large stockpot, cook ground brisket over medium-high heat until browned, stirring frequently. Drain the excess grease. Add remaining ingredients and stir to combine. Bring to a boil, then reduce heat to medium-low, cover, and simmer for 15 minutes or until the onion is cooked and softened. Top with grated smoked cheddar cheese.



Sausages in the case for January 31-February 2

- **Hot Italian**
- **Luganega - this northern Italian sausage is made with pork, oregano, lemon, white wine, garlic, and Parmesan cheese**
- **Korean BBQ - this pork sausage has garlic, ginger, paprika, Chinese 5 spice, brown sugar, Gochu Jang paste, honey, sesame oil, soy sauce, and kimchi**
- **Garlic & Herb Chicken Sausage**